



Powerback® 158 – Do you know what you want?

What am I doing right now?

1

A large, empty square box with a thin black border, intended for a handwritten response to the question 'What am I doing right now?'. A small dark grey circle with the number '1' is positioned on the left side of the box.

How does it make me feel?

2

A large, empty square box with a thin black border, intended for a handwritten response to the question 'How does it make me feel?'. A small dark grey circle with the number '2' is positioned on the left side of the box.

What do I want to do?

3

A large, empty square box with a thin black border, intended for a handwritten response to the question 'What do I want to do?'. A small dark grey circle with the number '3' is positioned on the left side of the box.


How do I want to feel?

4

A large, empty square box with a thin black border, intended for a handwritten response to the question 'How do I want to feel?'. A small dark grey circle with the number '4' is positioned on the left side of the box.

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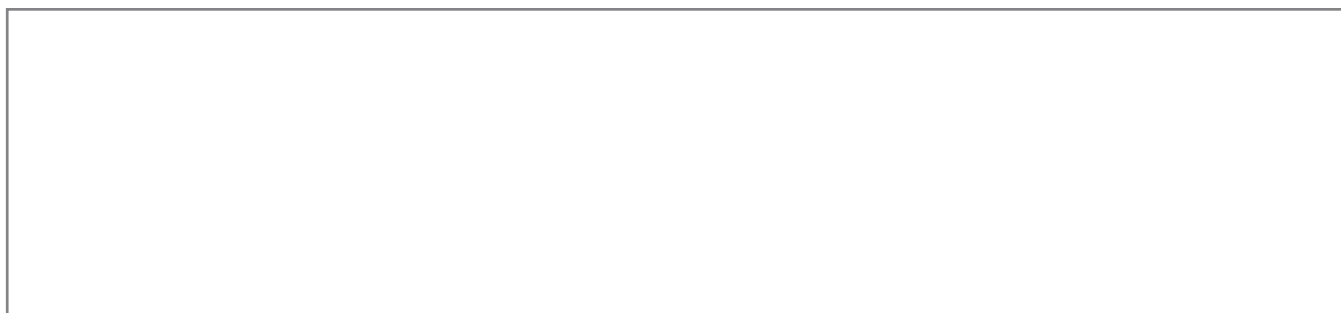
What have I enjoyed doing in the past?



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Share your
answers, aha
moments, or self
promise + tag
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What is interesting to me right now?



What feels exciting to think about?



What are some things I can experiment with or try?



LAURA *aura*